

Let's make visible those who don't see like you



Accessibility from a visually
impaired look



Our future in inclusion and reduction of inequalities

I propose a space where people with visual disabilities can be heard, seen and respected equally





**Now that we
can, we must
use technology
on our side**

**Social media is an
important means of
impact**

**we can use it to
show our way of
doing things**





**Let's show another
reality**

**Let's create an inclusive
world from practice.**



**The BIG
change
starts with a
SMALLER
one**

**Reduce or equalize
inequalities in terms of
visual impairment, show
another reality, not from
"hurting", but from
action.**





**The importance
of small is
highlighted:**

life is a process of small changes



**Fire was
discovered
first**



**before the
light**

Let's make
the invisible
visible to the
eyes of the
world

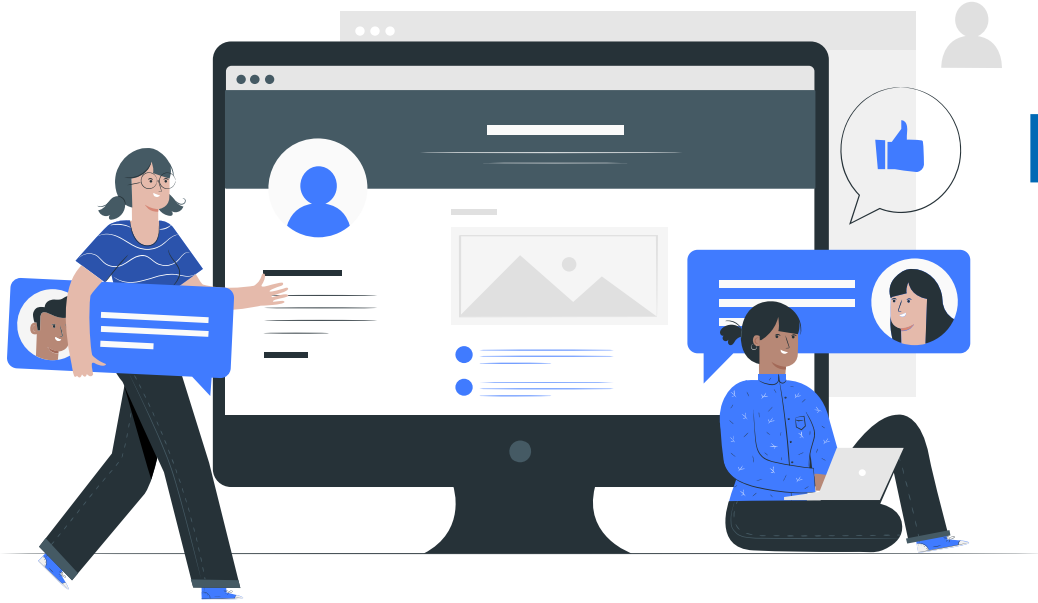


LET'S USE TECHNOLOGY TO ACHIEVE IT



let's show ourselves

**Having a space
on social
networks can
help reduce the
invisibility of
people with
visual
disabilities**





**Have a virtual
space where to
show the other
reality from
the action.**



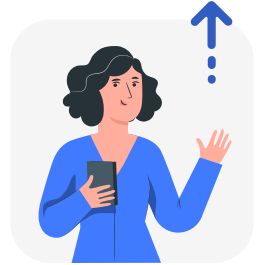
**Having a space
in social
networks
where
dialogue is
encouraged**

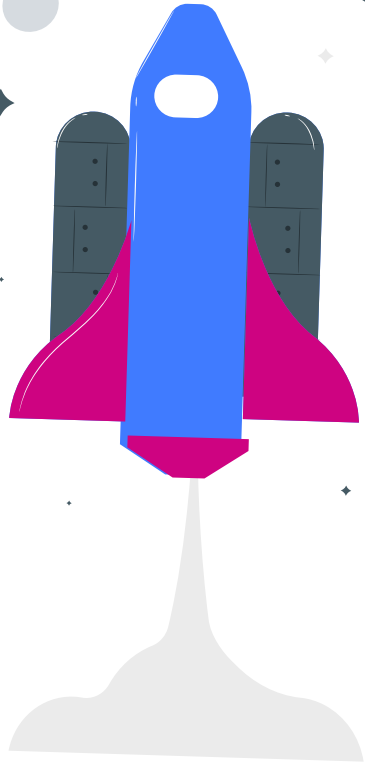
Time and real work will put us on our site



**We will remain hidden
in time and space**

**But we have
to do
something
else or...**





The
POSSIBILITY
of change
depends on US

A large, stylized pink cloud shape with a soft, irregular border, serving as the background for the text.

**MY OWN
EXPERIENCE**



I was born in 1999

And I was diagnosed with
bilateral optic nerve coloboma.

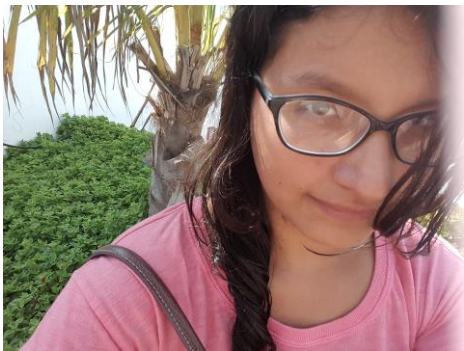
I became part of a visually
impaired person

**I grew up thinking
that I was the
problem and that I
had to do something
to adapt.**

**For years I tried to fit into the mold, I became
a model pupil, a good daughter, a nice sister**



**Doing everything to fit in, even though inside I felt
dead. I was feeling that there was something wrong
with me**



I used to live hiding and trying to "BE NORMAL"

**And I realized that I couldn't go on
like that**



**I WAS DEAD
WHILE ALIVE**

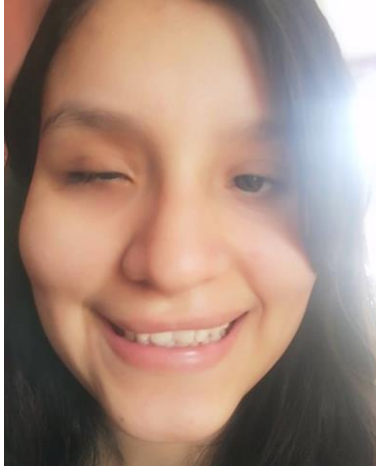


**From that time on,
I wanted to tell
the world that I
was a person too,
who deserved
respect and
appreciation**



**So... I began to
smile, to play, to
show myself as I
was in my
house.**

**I was encouraged
to show myself to
the world**



**But, I didn't feel part
of the big world, just
part of my little world,
made up of my
friends and family.**



I wanted to have my space

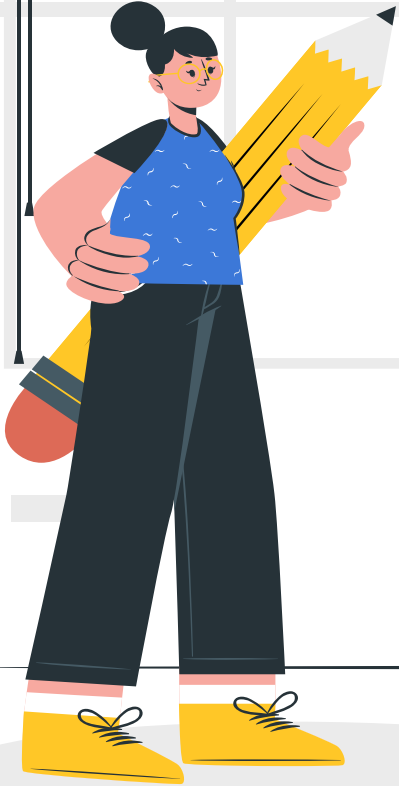


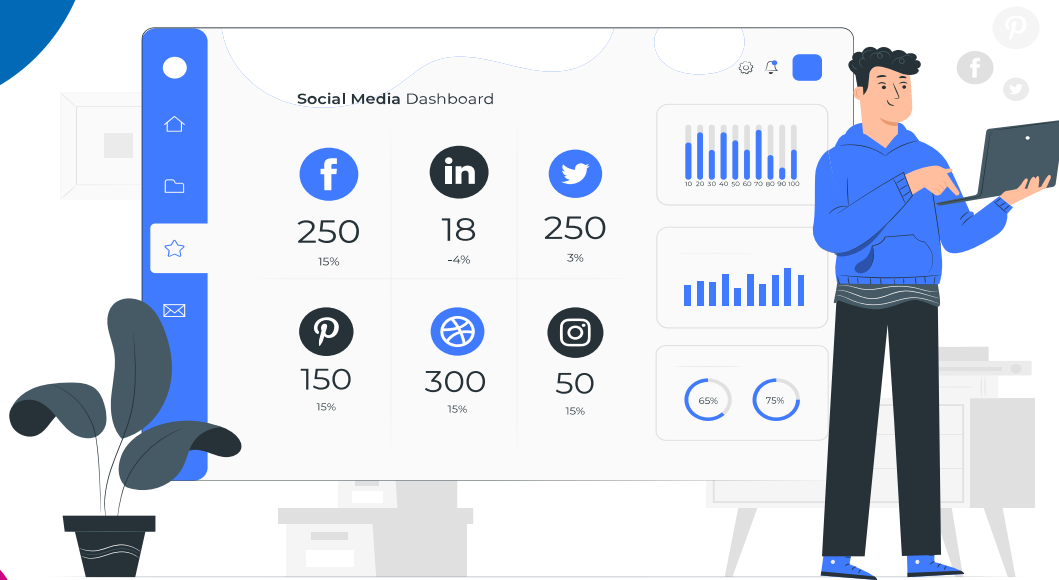


**COVID-19 scared me even
more, because when I
went out of the house I
could not see anything
and I could do practically
nothing, and I said to
myself:**

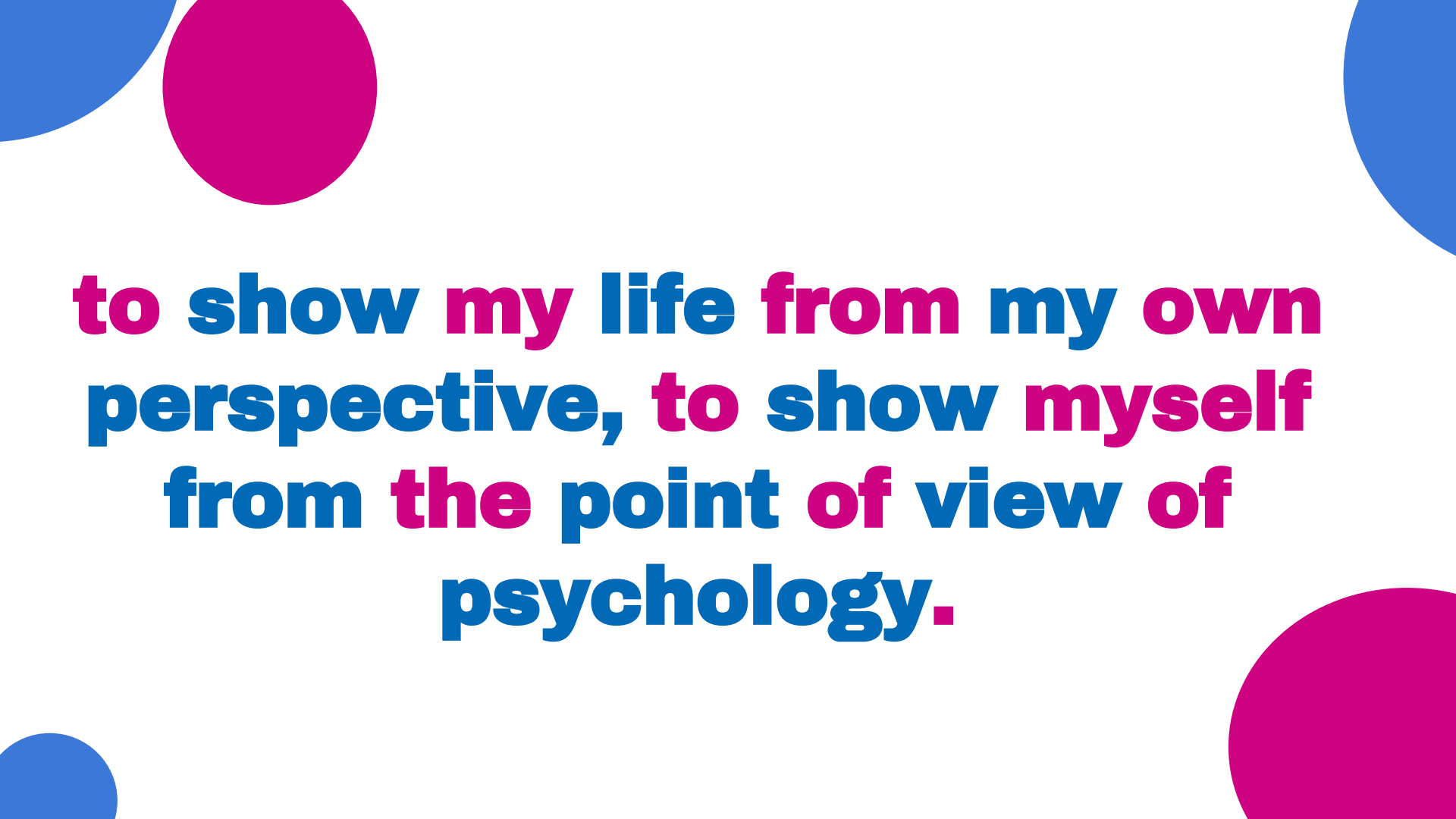
**I HAVE TO DO
SOMETHING!**

**it was not until
August 2020,
that I dared to
show myself.**





But I wanted to tell it in a different way

The background features several large, overlapping circles in blue and pink. One pink circle is in the top left, a blue one is in the top right, and a pink one is in the bottom right. There are also partial blue circles on the left and bottom left edges.

**to show my life from my own
perspective, to show myself
from the point of view of
psychology.**

**All my life I wanted to show myself, I
wanted to have a voice in the world
I never encouraged myself, I always let
my fears stop me
Until COVID-19 came along, and I
realized that I could have a virtual
space where I could start**

AND I DID IT

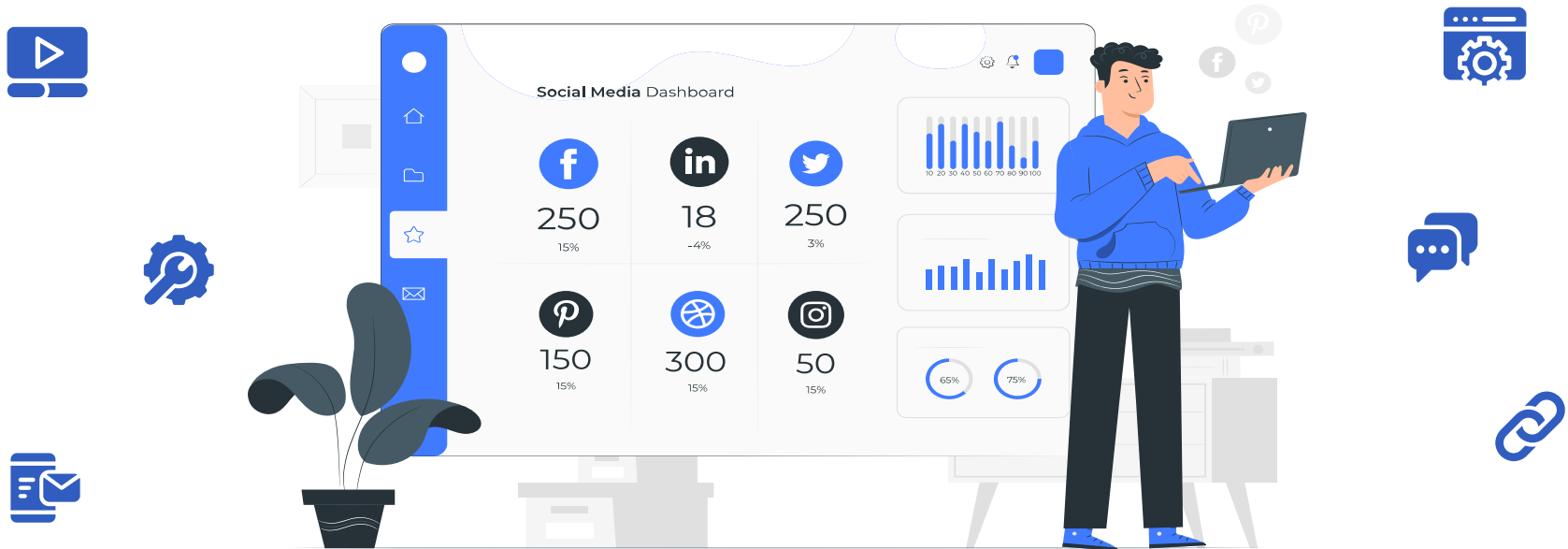


I created my youtube channel



Also my faceboock and instagram page

I learned that I can create impact from a virtual space



**No one knows
how much
impact we can
make simply by
showing our
reality**





**I was afraid of
not being
heard, of
being
criticized and
little
supported**

Even though I don't have a thousand followers, I don't even have 200, I feel good



I think that reaching 1 person is more than enough.

The background of the slide is white and decorated with several large, solid pink circles of varying sizes. Some circles are partially cut off by the edges of the frame.

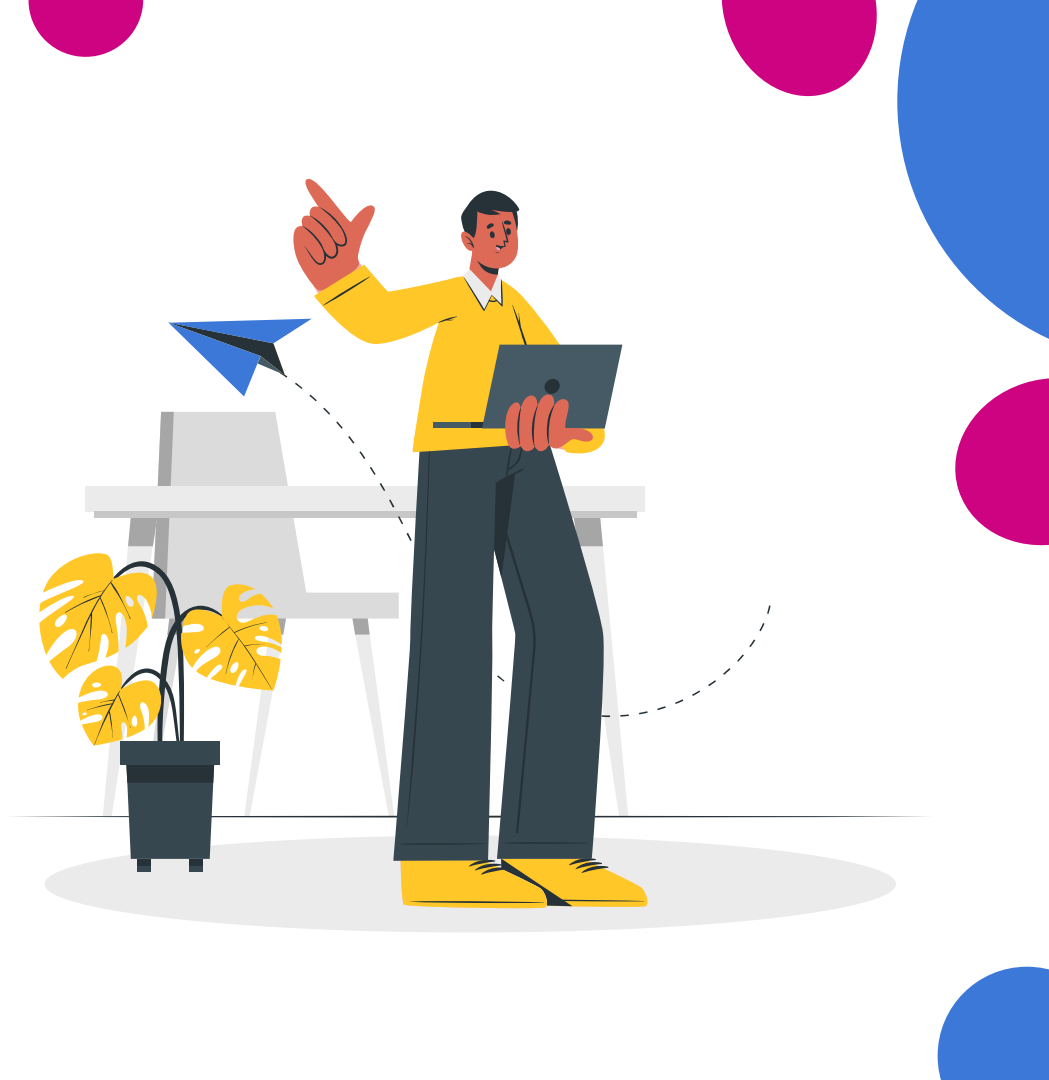
If one person realizes that there are more ways of doing things, it creates a change.

Only by showing what we know how to do will we reduce the inequality gap in relation to visual impairment.

I hope that in a few years people will not look down on you, will not discriminate against you, just because they don't understand us or because you don't look like them.

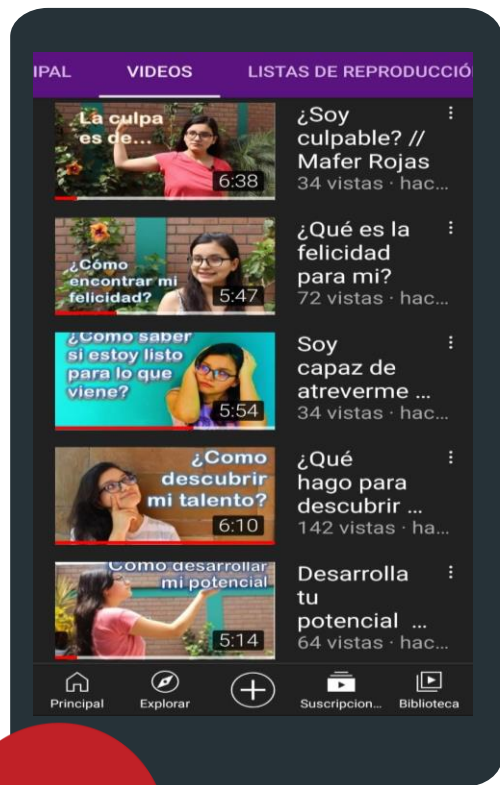


**I believe that, if
we show
ourselves
without fear
and invite them
to see us, we
can change the
world.**





**MY CONTRIBUTION
TO OUR WORK**

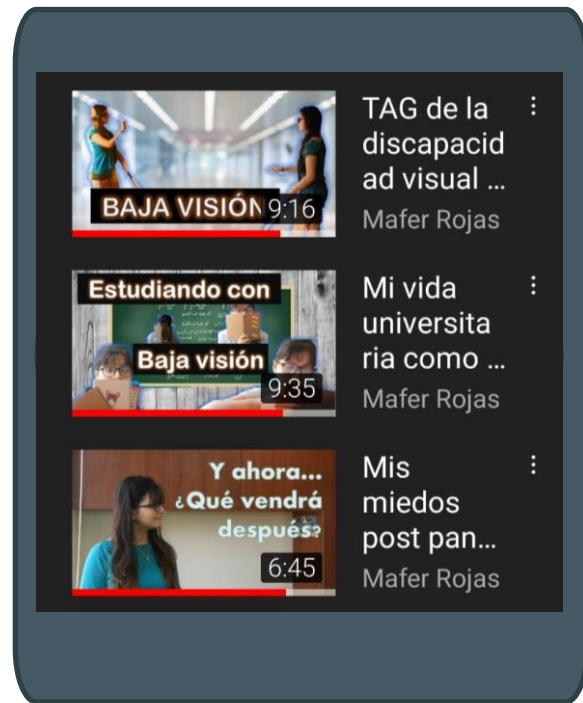
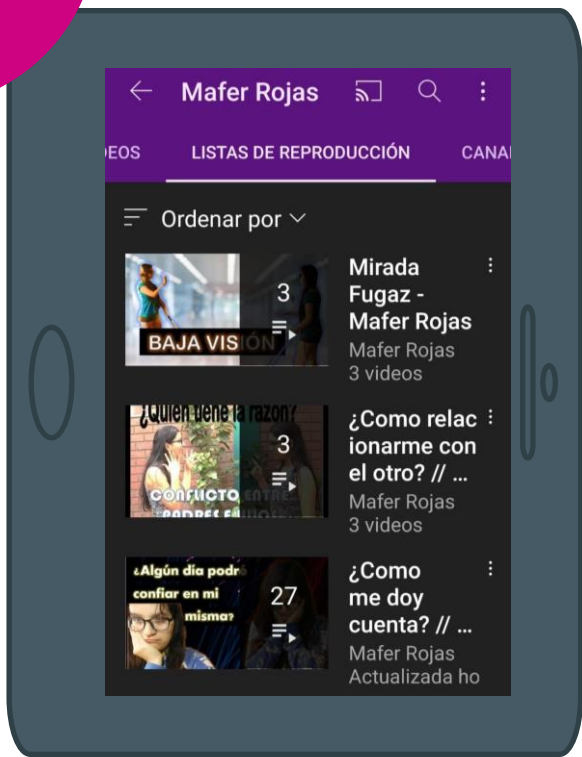


On my YouTube channel, I talk about psychology topics from my perspective as a visually impaired person

I show how I do things



I show myself as I am.





**We must
raise our
voice**

**from
our
place**

**contributing
what we know**

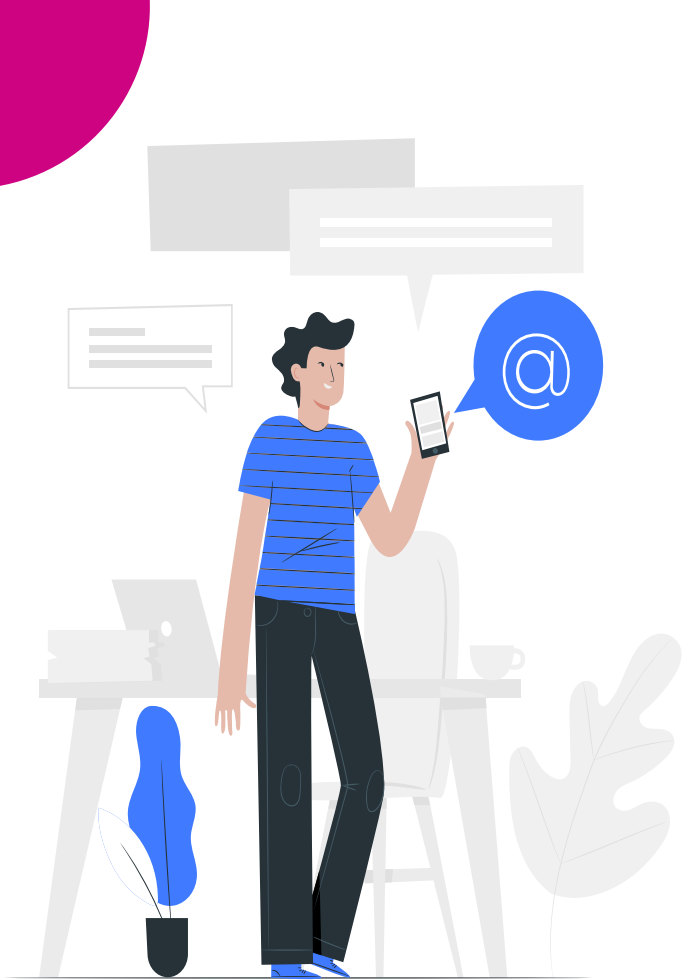
I'm authentic and from my position as a psychology student, I teach and make people question themselves





Contributing with
experiences and sharing
them is the most valuable
thing we can do





**I support communication
initiatives and the
dissemination of quality
content**

**We can all contribute,
each from our own
position in the world**

Some contribute by being housewives, others by being students, athletes, children, adults, young people, comedians, psychologists ...



BEING WHAT THEY WANT, CAN AND ARE

The background is white and decorated with several circles of two colors: blue and pink. The circles vary in size and are scattered across the frame, with some partially cut off by the edges. The text is centered and consists of four lines.

DON'T BE
AFRAID,
SHOW
YOURSELF!