

Regaining Momentum

UNESCO Clubs 2021 Worldwide Youth Multimedia Competition

Monotony, unthrill, gloom all days Corona has terrorized us in every way all gatherings shunned school, offices unabandoned cocooned in our homes, this absurb solitude we find unfathomed getting accustomed to this new life initially was a tough strife like Rama going for his 14 years exile made me eventually realize there is no way out of this menace only to minimalize; why aggrandize, why not suffice with what we have and harmonize



savouring the time with our families would strengthen our bonds by playing chess and snake-ladders by delving out new crafts and art New recipes and DIYs would bring back the nostalgia of those good, old days





steadily shifting into introspection would rebalance our mind, body and sanctum Yoga, meditation a panacea for all human ailments supplemented by the Ayurvedic decoctions and fresh, healthy food immune us in sustainable ways



सर्वे सन्तु निरामयाः
May all be free from illness
May no one suffer

Why not keep quiet for some time and shed all our identities in the chorus of contemplative silence let us realize the havoc we did and mend our imprudent ways by inclusive parternship for our common goals

All 7.5 millions of us must pave a way to sustainability and refurbish a "modern earth"

