



Best Club Organization to Consider

As a member of the US Federation of UNESCO Clubs, Body & Mind Wellness Club works to create the conditions for dialogue among cultures and people, based upon respect for commonly shared values which are at the heart of UNESCO.

Attention to detail and joyful experience with high consideration for substantiality and focus on individual first.

MISSION STATEMENT:

To raise awareness of youth about themselves, and on the role they play in enhancing the world peace and Eco-system. To enhance inner peace and physical, emotional as well as mental balance among the young generation particularly.

It enhances our global family's lives and brings the harmony and peace to their communities. We believe that all the beings are part of one family and with your support we bring the financial, social and cultural changes to the societies in trouble.

War, conflicts has brought economic instability to countries at large. Families especially women get affected by these situations.

Body & Mind Wellness Club is about a group of active young people whose focus is on fostering traditional art and craft development to create potential jobs, enhancement of world peace and to serve the Eco-System sinergically.

Since 2012, the **Body & Mind Wellness Club** has been working among the schools and colleges creating a cultural anchor by celebrating community diversity, and contributing to the furthering of understanding, acceptance, tolerance, and peace. We are also happy to see that some of our members could get the job after a period of internship with our Club.

WHICH MEANS:

- to believe in oneself and in others, which means a better, peaceful, higher quality life with higher values that youth can advocate to their families and societies at larger scale
- to make a dignify and joyful life

Zohreh Rezazadeh

zohreh.rezazadeh@gmail.com, tel. 240-446-1658

zohreh@unescocenterforpeace.org